

Gathering Space



Prayer Room



Dining Room

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Myers-Briggs Inventory

Date: Thursday, May 13, 2010
 Time: 9:00 - 11:00 am
 Facilitator: Sr. Janet Dohr, CPPS
 Cost: \$20.00
 Deadline for registration: Friday, April 30, 2010
 Lunch provided

Description: The Myers-Briggs Inventory helps one find ways to live out one's inherent spirituality in a manner that is most authentic. Understanding one's psychological type when combined with concepts of spirituality can become a tool to enrich one's unique spiritual path. The Meyers-Briggs Inventory is not a psychological test, but a personality inventory. With its results, we can more deeply appreciate how God made us as well as see how our weaknesses can actually bring us closer to God.

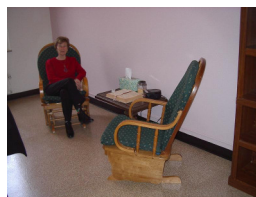
Taizé Prayer for Peace (3rd Friday of the month)



Place: St. Elizabeth Academy Chapel
 3401 Arsenal Street
 Time: 7:00 - 8:00 pm
 Dates: September 18 October 16
 November 20 December 18
 January 15 February 19
 March 19 April 16
 May 21 June 18

Description: This simple and beautiful chant music of Taizé Monastery in France promotes inner unity and allows one's spirit to be more attentive to the heart. After a busy, hectic week, come and rest in God.

Spiritual Direction



Date/Time: A mutually agreed upon time
 Directors: Sr. Ginny Jaskiewicz, CPPS
 Sr. Carol Orf, CPPS
 Cost: \$25.00

Description: Each human person has a deep desire to be in relationship with the Divine. But the noise, busyness and stresses of life often leave many people too frazzled to experience God's presence for more than a nano-second here and there. Spiritual direction encourages one to explore a closer relationship with God as one discovers a sense of one's own answers from within. Spiritual guidance is not counseling or therapy.

Private Day of Prayer and Recollection

Date & time: A mutually agreed upon time
 Cost: \$25.00 or donation
 Lunch provided

Description: Take time away for solitude and silence to listen to God's invitation to you at this time in your life. Sanguis Christi

Spirituality Center is located within walking distance of Tower Grove Park.

God.

Be still and know that I am

(Psalm 46:10)

Busy Persons Retreat

Date: A mutually agreed upon time
 Time: Sunday night to Friday
 Directors: Sr. Carol Orf, CPPS Sr. Ginny Jaskiewicz, CPPS
 Cost: Free will offering

Description: What would it be like to live your life in a continual awareness of the holiness of everything? This retreat for busy people begins the journey to a deeper relationship with God. Using the method of Lectio Divina, the retreatants commit themselves to pray with Sacred Scripture 30 minutes each day and to meet 30 minutes daily with a director. The retreatants continue their ordinary activities and are amazed that there is time for God too!

find life

Come to me all you who are weary and

burdensome, and I will refresh you.

(Matthew 11:28)

Private and Directed Retreats Overnight Retreats for Small Groups

Date & Time: A mutually agreed upon time
 Directors: Sr. Carol Orf, CPPS Sr. Ginny Jaskiewicz, CPPS
 Cost: \$40.00 per night or donation
 Meals provided

Description: Come away and rest awhile in silence and solitude as you allow your God to renew your spirit.

you,
 woe!

For I know well the plans I have in mind for

says the Lord, plans for your welfare, not for

Plans to give you a future full of hope.

(Jeremiah 29:11)

Spirituality for Seniors

Place: At your Senior Center
 Date: September 2009 through May 2010
 Time: A mutually agreed upon time
 Facilitators: Sr. Ginny Jaskiewicz, CPPS Sr. Carol Orf, CPPS
 Cost: \$75.00 for presentation
 \$30.00 for spiritual direction

Description: Have talk will travel! Facilitators prepare a 30

minute reflection on various topics and travel to the site of the seniors. Spiritual Direction is also an option for any senior who wishes.

Space for Rent

Two Offices: Spiritual Direction, Counseling, etc.
Large Gathering Space
Dining Room
Cost: Negotiable
Phone: 314.560.1028 or 314.223.7508

We welcome you to the Sanguis Christi Spirituality Center.
A Place of Prayer!

Sincerely,

Sr. Carol Orf, CPPS
Sr. Ginny Jaskiewicz, CPPS

Sisters of the Most Precious Blood

Registration Form

(Print hard copy, complete and return with registration fee.)

Name of Program/Retreat _____

Date _____

Cost _____

Make checks payable to:
Sanguis Christi Spirituality Center

Name _____

Address _____

City State Zip

Phone () _____

Email _____

For more information, please call or email:

Sr. Carol Orf, CPPS Sr. Ginny Jaskiewicz, CPPS
314.560.1028 314.223.7508
corf@cpps-ofallon.org gjaskiewicz@cpps-ofallon.org

Mail registration and check to:

